



# Seven Islands Race

## SAILING INSTRUCTIONS

**Saturday 26 November, 2016**

**Incorporating Race 1 of the Jeanneau Cup**

**Organising Authority  
Middle Harbour Yacht Club**

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Supported by



# **MHYC 7 ISLANDS RACE & JEANNEAU CUP (Race 1)**

Saturday 26<sup>th</sup> November 2016

## **SAILING INSTRUCTIONS**

### **1 RULES**

- 1.1 The races will be governed by the current versions of:
- the rules as defined in the current Racing Rules of Sailing (“RRS”) of the International Sailing Federation;
  - the prescriptions and Special Regulations of Yachting Australia (“Special Regulations”);
  - the Middle Harbour Yacht Club Sailing Handbook Notice of Race (MHYC NOR)
  - the Notice of Race attached to the Entry Form issued by the Organising Authority (“NoR”), except as any of these are modified by or inconsistent with these Sailing Instructions, and by these Sailing Instructions (“SI”).
- 1.2 The attention of competitors is drawn to the MHYC NOR which are referenced throughout these SIs including their responsibilities under the applicable NSW Maritime legislation.
- 1.3 A boat shall comply with the YA Special Regulations Part 1 for Category 7. An audited Special Regulations Form for the relevant Category (or higher) shall be submitted with the entry if not already held by MHYC.
- 1.4 The Sailing Office of MHYC shall be the Race Committee (“RC”) for the purposes of, and with, the powers and discretions contained in RRS 90.1. This amends MHYC NOR 4.2.
- 1.5 A boat shall comply with the RRS Appendix G, Identification on Sails.
- 1.6 Fixed and retractable spinnaker poles and bowsprits will be permitted for the purpose of setting asymmetrical spinnakers. This amends RRS 50.2 and 50.3.
- 1.7 Boats with movable or variable ballast (within the meaning of those terms in the YA Special Regulations) may move that ballast for the purpose of changing trim or stability. This amends RRS 51.
- 1.8 RRS 52: RRS 52 does not apply the adjustment and operation of sails or the adjustment of movable appendages on any boat.
- 1.9 Pennants may be provided by the event sponsors. If provided, pennants shall be flown from the backstay at all times whilst racing. Boats failing to comply with this may be protested by the Race Committee only. This alters RRS 60.1 and 60.3.

### **2 NOTICES TO COMPETITORS**

- 2.1 Notices to Competitors will be posted on the Official Notice Board which is located in the Breezeway of the Clubhouse.

### **3 CHANGES TO THE SAILING INSTRUCTIONS**

- 3.1 Changes to these SIs, if any, will be posted not later than 2 hours prior to the display of the Course Board for the race.

#### **4 SIGNALS**

- 4.1 Signals made ashore will be displayed from the MHYC Race Official's Box on the North-Western perimeter of the Club premises.
- 4.2 Starting Signals will be as follows:
- |          |                         |
|----------|-------------------------|
| 1220 Hrs | Warning Signal          |
| 1230 Hrs | Start Count-up Sequence |

#### **5 THE COURSE**

- 5.1 The prescribed Course is annexed to these Sailing Instructions (Annex A).
- 5.2 The Course will not be shortened. Competitors shall note the applicable time limits described at Section 9 to these SIs.
- 5.3 The attention of competitors is drawn to the MHYC NOR and those areas which are designated obstructions and prohibited areas in the vicinity of the Gowland Bombora, the Sow and Pigs Reef, Circular Quay, Garden Island and Shark Island. A boat shall not sail into an area designated a prohibited area.
- 5.4 All competitors are requested to remain to the starboard side of shipping channels where possible and shall leave the Safe Water Mark at Bradley's Head to Port on the return leg from Clark Island.

#### **6 THE SEVEN ISLANDS/JEANNEAU CUP RACE**

- 6.1 The Seven Islands/Jeanneau Cup race shall be a Handicap Pursuit Race per MHYC NOR 22 with a Count Up start sequence.
- 6.3 For those divisions designated as non-spinnaker, only a mainsail and headsails as defined in RRS 50.4 shall be used. Headsails shall not be set flying. (No sail shall be set forward of a point of attachment of the permanent forestay.)
- 6.4 Start numbers will be based on time correction factors (TCFs). A boat's TCF shall be determined by the RC or its nominee.
- 6.5 Boats shall notify the MHYC Sailing Office not later than 2 days prior to a race of any change, addition or alteration to a boat's hull appendages, equipment, sail inventory or skipper/crew that may affect its performance. At the discretion of the RC, a boat that fails to comply may be either disqualified after a hearing or have its results retrospectively adjusted by applying a new TCF based on the affect on the boat's performance.
- 6.6 The TCF, and a boat's start number based on it, shall not be subject to protest or constitute grounds for redress (amends RRS 60.1 and 62).
- 6.7 When only one boat starts and sails the course within the time limit, the RC shall not abandon the race (amends RRS 32).
- 6.8 The Start Line shall be as MHYC NOR 16.1, Club House Start Line.
- 6.9 The RC will allocate a starting number to a boat for each race. A boat shall not start before the Starter's Board has displayed its designated start number.
- 6.10 Numbers will be displayed at 1 minute intervals and will commence with the number '0'.

- 6.11 There will be no recalls. Any yacht deemed to have started prematurely and that has not returned and started correctly shall be penalised 5 minutes plus the difference between her starting number, applied to her finish time. This amends RRS 29.
- 7 THE FINISH**
- 7.1 The Finish Line for all divisions and classes will be the Clubhouse Finish Line as per MHYC NOR 17.
- 7.2 A boat's finish time shall be used for the calculation of its racing division results. In the pursuit race the boat with the earliest finish time (after application of scoring penalties, if any) will be scored first. The super 12s will be scored according to their EHC handicap
- 7.3 All times will be recorded in minutes and whole seconds.
- 7.4 All results will be subject to the application of Alternate Penalties, if any.
- 8 TIME LIMITS**
- 8.1 The time limit will be 1700 hrs on the day of racing. However, if the leading yacht finishes within the time limit, then other yachts will be timed in until 1730 hours.
- 8.2 A boat that does not finish within the time limit shall be scored DNF. This amends RRS 35 n.
- 9 ALTERNATIVE PENALTIES**
- 9.1 For an infringement of RRS Part 2, the Two-Turns Penalty (RRS 44.2) shall apply.
- 9.2 For an infringement of any other rule or requirement, the Scoring Penalties of RRS 44.3 shall apply. The penalty shall be computed as a percentage of the number of entries in the relevant division.
- 10 ABANDONED RACES**
- Abandoned races will not be resailed.
- 11 PROTESTS**
- Protests shall comply with MHYC NOR 24.
- 12 RADIO COMMUNICATION**
- 12.1 Except in an emergency, while racing a boat shall neither make radio transmissions nor receive radio transmissions not available to all boats. This restriction also applies to mobile telephones.
- 12.2 Yachts shall maintain a listening watch on VHF Channel 73 for the duration of the race.
- 12.3 Competitors retiring from the race shall advise the RC on Channel 73 or the Sailing Office by phone 8969 3103 as soon as practicable.
- 13 PRIZES**
- Prizes shall be presented at a post race presentation per the NoR.
- 14 RESPONSIBILITY**
- 14.1 Competitors participate in the MHYC Feature Race Program at their own risk. Special attention is drawn to RRS Fundamental Rule 4, which states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone".
- 14.2 The Organising Authority, Event Sponsors, and their respective officers, employees, volunteers and members accept no liability for any injury, loss or damage that may be suffered by any competitor, and any liability for harm to persons that results from breach of an express or implied warranty that

the MHYC Feature Race Program and all services relating thereto will be conducted or rendered with reasonable care and skill is excluded.

- 16.3 Neither MHYC, nor the event sponsors, are responsible for the seaworthiness of a boat whose entry is accepted or the sufficiency or adequacy of its equipment.

# 7 ISLANDS RACE

Saturday 26<sup>th</sup> November 2016

## ANNEX A - COURSE

### THE COURSE

#### Start MHYC

- 1 YA Shark Island (S)
- 2 Shark Island (S)
- 3 Fort Denison (P)
- 4 Cockatoo Island (P)
- 5 Spectacle Island (P)
- 6 Snapper Island (P)
- 7 Goat Island (P)
- 8 Fort Denison (P)
- 9 Clarke Island (P)
- 10 Bradley's Head Safe Water Mark (P)

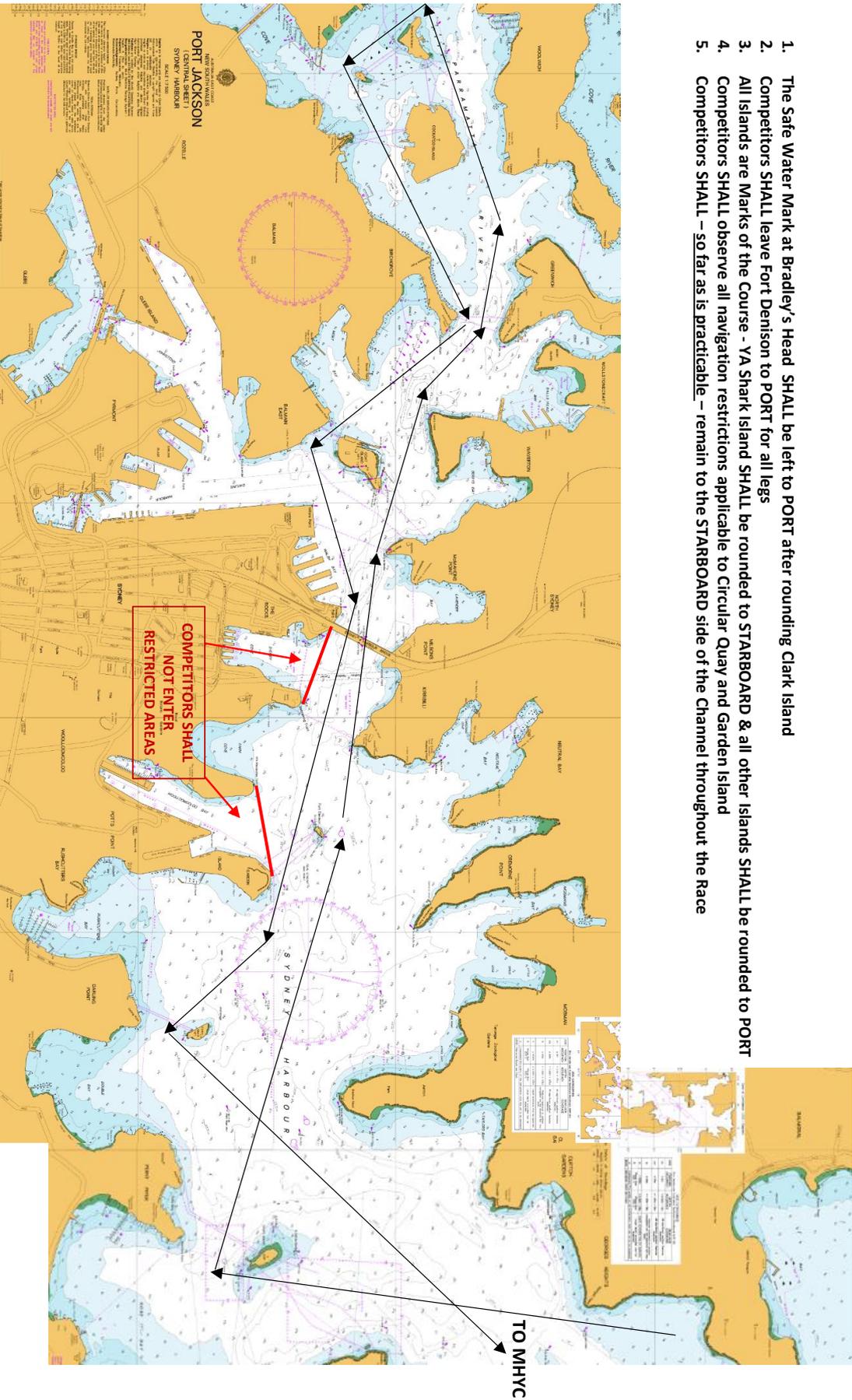
#### Finish MHYC

### NOTES

1. All Islands are Marks of the Course and shall be rounded (left) to Port unless otherwise indicated.
2. Competitors shall leave the Bradley's Head Safe Water Mark to PORT when rounding Bradley's Head
3. In accordance with RMS' requirements, Fort Denison shall be left to **port** on all legs of the course.
4. Competitors shall observe all navigation restrictions applicable to Circular Quay and Garden Island.
5. Competitors SHALL – so far as is practicable – remain to the STARBOARD side of the Channel throughout the Race
6. Please note a guide to the course, for illustrative purposes only, is attached to these Sailing Instructions at Appendix B.

## 7 Islands Race: Super 12s, MHYC & Jeanneau Cup #1 – 26 November 2016

1. The Safe Water Mark at Bradley's Head SHALL be left to PORT after rounding Clark Island
2. Competitors SHALL leave Fort Denison to PORT for all legs
3. All Islands are Marks of the Course - VA Shark Island SHALL be rounded to STARBOARD & all other Islands SHALL be rounded to PORT
4. Competitors SHALL observe all navigation restrictions applicable to Circular Quay and Garden Island
5. Competitors SHALL – so far as is practicable – remain to the STARBOARD side of the Channel throughout the Race



## ANNEX B – COURSE CHARTLET